

Offizielle Tanzbeschreibung
BfCW Deutsche Meisterschaft 2019



Carvan Charleston

Choreographed by Lilian Lo (HK)

Description: 32 counts, 4 wall, Stage - Charleston
Level: Novice
Music : 'Rock It For Me' - Caravan Palace (106 BPM) - Non-Country

1-8 CHARLESTON BASICS

&1&2 Swivel L heel out while swinging R out (&), swivel L heel in while crossing R over L (1), swivel R heel out while swinging L out (&), swivel R heel in while crossing L over R (2) □

&3&4 Repeat the above

&5&6 Swivel L heel out while swinging R out (&), swivel L heel in while crossing R over L (5), swivel L heel out while swinging R out (&), swivel L heel in while crossing R Behind L (6)

&7&8 Swivel R heel out while swinging L out (&), swivel R heel in while crossing L Behind R (7), swivel R heel out while swinging L out (&), swivel R heel in while crossing L over R (8) @ 12:00

9-16 SCUFF, HITCH, STEP, FLICK & TURN, HEEL DIG, BEND, HAND SWIPES

1&2,3&4& Scuff R (1), hitch R (&), replace R (2), flick RF to side (3), LF 1/4 turn L, close RF (&), flick R (4), LF 1/4 turn L, close RF (&) @ 6:00

5678 Heel dig diagonal R fwd (5), bend body straight down toward R leg (6), R hand swipe RF from R to L (7), R hand swipe RF from L to R (8)

17-24 BIG STEP KNEE BEND, TWIST R, JAZZ BOX

123&4& Straighten up body, RF big step to side with both knees bent, L knee pointing L, R knee pointing R (1), straighten up legs, close L (2), swivel heels to R (3), swivel toes to R (&), swivel heels to R (4), swivel toes to R (&) @ 6:00 □

5678 Cross LF over RF (5), step RF back (6), step LF diagonally L back (7), step RF fwd (8)

25-32 KICKS, BEHIND, SIDE, CROSS, TAP R, HEEL SWIVELS, RUN AROUND

1&2& Kick L heel to side (1), retract LF (&), kick L heel to side (2), retract LF (&)

3&4& Step LF behind RF (3), step RF to side (&), cross LF over RF (4) tapping RF to R diagonal (&) @9:00 □

5&6& Swivel R heel out-in-out -in while bringing R hip up-down-up-down (5&6&)

7&8& Run around 3/4 circle R stepping R-L-R-L (7&8&) @ 3:00