

If I Fall



Offizielle Tanzbeschreibung des
*** Bundesverband für Country Westertanz Deutschland e.V. ***

Deutsche Meisterschaft 2020

Description: 2 Wall, 48 Counts, Country
Level: **Advanced - Dance A**
Motion / Rhythm: Rise & Fall - Waltz
Music: If I Fall - The Wandering Hearts (edit)
(pitched down to 91 BPM)
Choreographer: Miquel Menendez

Start Facing 1:30

FORWARD, 1/2 TURN R, 1/2 TURN R

1 LF Step forward
2 LF Start 1/2 turn R
3 LF Finish 1/2 turn R (7.30)
4 RF Step forward
5 LF 1/2 Turn R, step backwards (1.30)
6 RF Step backwards

BACKWARDS, HOLD, 1/2 PIVOT TURN R 4X

1 LF Step backwards
2 Hold
3 Hold
4 RF Step forward,
1/2 turn R (7.30)
5 LF Step backwards,
1/2 turn R (1.30)
& RF Step forward,
1/2 turn R (7.30)
6 LF Step backwards,
1/2 turn R (1.30)

1+1/8 ATTITUDE TURN R, BACKWARDS, 1/4 TURN R SIDE, CROSS

1 RF Step forward, start 1+1/8 turn R
LF Lift backwards with open knee
2 RF Continue 1+1/8 turn R
3 RF Finish 1+1/8 turn R (3.00)
4 LF Step backwards
5 RF 1/4 Turn R, step R (6.00)
6 LF Cross over

1/4 TURN R, 1/4 TURN R TOUCH, HOLD, DOUBLE SPIRAL TURN L, FORWARD

1 RF 1/4 Turn R, step forward (9.00)
2 LF 1/4 Turn R, touch L (12.00)
3 Hold
4 RF Full turn L, LF bend knee
5 RF Full turn L, LF bend knee (12.00)
6 LF Step forward

FORWARD, AERIAL RONDE, 1/8 TURN L, 1/2 STEP TURN L

1 RF Lift leg side to forward
2 RF Continue aerial forward
3 LF 1/8 Turn L (1.30)
4 RF Finish aerial forward
5 RF Step forward
6 LF 1/2 Turn L (4.30)
6 LF Step forward

FORWARD, 1/4 TURN R 2X, BACKWARDS, CHASSÉ

1 RF Step forward
2 LF 1/4 Turn R, step L (7.30)
3 RF 1/4 Turn R, cross over (10.30)
4 LF Step backwards
5 RF Step R
& LF Step together
6 RF Step R

SLIP PIVOT 1/2 TURN R, 1/2 CIRCLE TURN R

1 LF Cross over
2 RF Recover weight
3 LF 1/2 Turn R,
cross behind (7.30)
4 RF 1/4 Turn R,
step forward (10.30)
5 LF 1/8 Turn R,
step forward (12.00)
6 RF 1/8 Turn R,
step forward (1.30)

BACKWARDS 2X, CROSS, 1/2 PIVOT TURN R 4X

1 LF Step backwards
2 RF Step backwards
3 LF Cross over
4 RF 1/2 Turn R,
step forward (7.30)
5 LF 1/2 Turn R,
step backwards (1.30)
& RF 1/2 Turn R,
step forward (7.30)
6 LF 1/2 Turn R,
step backwards (1.30)
& RF 1/2 Turn R,
step forward (7.30)